

District	Menu Name	Week of	Meal Session	Grade Range	Menu Status
Woodford	Weeks 1 & 3	Weeks 1 & 3	Breakfast	Grades 6 - 8	Not Submitted

### Weekly Component Statistics

	Fruit/Veg.	Grains	M/MA-Grain	Total Grains	M/MA-Extra	Milk
Regulation	5 cups			8 oz servings - 10 oz servings		5 cups
Menu Actuals	5 cups	50.25 oz servings		50.25 oz servings - <b>51.25 oz servings</b>		5 cups
Regulation Min Met	Yes			Yes		Yes
Regulation Max Met	---	---	---	<b>No</b>	---	---

### Weekly Nutrient Statistics

	Avg. Calories	Avg. % Sat. Fat	Sodium Avg.
Regulation	400 - 550 kcal	< 10%	≤ 600 mg
Menu Actuals	463 kcal	5.79%	489 mg
Regulation Met	Yes	Yes	Yes

\* As per the USDA policy memo regarding the flexibility with the meat/meat alternates and grains requirement, there will be no penalty for exceeding the maximum.

### Weekly Whole Grains, Milk Served

Regulation	Menu Actuals	Regulation Met?
100% of Grains Servings must be Whole Grain- Rich	100%	Yes
A variety of milk types are served	Served	Yes
Cannot serve Low-fat (1%), flavored	Not Served	Yes
Cannot serve Reduced fat (2% fat) or whole, unflavored and flavored	Not Served	Yes

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## Summary for Monday, Weeks 1 & 3, Day 1

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	8.25 oz	1 cup	Data Missing	Data Missing	492 kcal	3.84%	427 mg
Regulation Met?	Yes	Yes	Yes					

### Detail for Monday

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Sausage Egg Cheese Biscuit	Sausage Egg Cheese Biscuit (1 ea)	Homemade	Local	20			340	7.13	572
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Cheese (1/2 slice)	150600	Local	20	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Sausage (1 ea)	184970	Vendor	20	1	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Egg (1 ea)	462519	Local	20	0.75	oz eq.			
Whole Grain-Rich Grains	~ Sausage Egg Cheese Biscuit	Biscuit (1ea)	269210	Vendor	20	2	oz eq.			
Recipe - Entree	Bacon Breakfast Pizza	Pizza (1ea)	503660	Vendor	30			210	3.5	320
Meat/Meat Alternate - Grain	~ Bacon Breakfast Pizza	Pizza (1ea)	503660	Local	30	1	oz eq.			
Whole Grain-Rich Grains	~ Bacon Breakfast Pizza	Pizza (1 ea)	503660	Vendor	30	1.5	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	125			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	125	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	125	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	125	0.25	cup			
Fruits	~ Parfait	fresh berries	DOD Produce	Local	125	0.25	cup			

(2 oz)										
Whole Grain-Rich Grains	Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170	
Whole Grain-Rich Grains	Cinnamon Toast Crunch (28gr)	General Mills	Vendor	10	1	oz eq.	110	0.5	160	
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits	applesauce (.5 cup)	Commodity	Vendor	100	0.5	cup	90	0	10	
Fruits	Orange (1 whole)	DOD Produce	Vendor	100	0.5	cup	5	0	0	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice	Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice	Vegetable Juice Maximum Offered				0	cup				
Fruit Incl. Juice	Fruit Including Juice Minimum Offered				1	cup				
Fruit Juice	Fruit Juice Maximum Offered				0.5	cup				

Fruit Incl. Juice	Fruit Including Juice Maximum Offered	1	cup
Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup

## Summary for Tuesday, Weeks 1 & 3

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	8.25 oz	1 cup	Data Missing	Data Missing	457 kcal	7.96%	479 mg
Regulation Met?	Yes	Yes	Yes					

## Detail for Tuesday

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Bacon Egg Cheese Bagel	Bacon Egg Cheese Bagel (1 ea)	Homemade	Local	50			298	4.13	487
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Bacon (2 slices)	Low Sodium	Local	50	0	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Cheese (1/2 slice)		Local	50	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Egg (1 patty)		Local	50	0.75	oz eq.			
Whole Grain-Rich Grains	~ Bacon Egg Cheese Bagel	Bagel (1 ea)	217911	Local	50	2	oz eq.			
Recipe - Entree	Chocolate Donut	Donut (1ea)	556582	Local	75			280	7	300
Meat/Meat Alternate - Grain	~ Chocolate Donut	Donut (1ea)	556582	Local	75	2	oz eq.			
Condiments	~ Chocolate Donut	Donut (1 1/2 tbsp.)	556582	Local	75	0	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	25			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	25	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	25	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	25	0.25	cup			
Fruits	~ Parfait	fresh berries	DOD Produce	Local	25	0.25	cup			

(2 oz)										
Whole Grain-Rich Grains	Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170	
Whole Grain-Rich Grains	Cinnamon Toast Crunch (28gr)	General Mills	Vendor	10	1	oz eq.	110	0.5	160	
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits	strawberry cup (4 oz)	Commodity	Vendor	50	0.5	cup	90	0	0	
Fruits	apple (1 cup)	DOD Produce	Vendor	100	0.5	cup	72	0.04	1	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice	Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice	Vegetable Juice Maximum Offered				0	cup				
Fruit Incl. Juice	Fruit Including Juice Minimum Offered				1	cup				
Fruit Juice	Fruit Juice Maximum Offered				0.5	cup				

Fruit Incl. Juice	Fruit Including Juice Maximum Offered	1	cup
Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup

## Summary for Wednesday, Weeks 1 & 3

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	10.25 oz	1 cup	Data Missing	Data Missing	470 kcal	5.5%	524 mg
Regulation Met?	Yes	Yes	Yes					

### Detail for Wednesday

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Sausage Egg Cheese Biscuit	Sausage Egg Cheese Biscuit (1 ea)	Homemade	Local	50			340	7.13	572
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Cheese (1/2 slice)	150600	Local	50	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Sausage (1 ea)	184970	Vendor	50	1	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Egg (1 ea)	462519	Local	50	0.75	oz eq.			
Whole Grain-Rich Grains	~ Sausage Egg Cheese Biscuit	Biscuit (1ea)	269210	Vendor	50	2	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	20			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	20	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	20	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	20	0.25	cup			
Fruits	~ Parfait	fresh berries (2 oz)	DOD Produce	Local	20	0.25	cup			
Whole Grain-Rich Grains		Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170
Whole Grain-Rich Grains		French Toast (1 pkg)	498492	Vendor	100	2	oz eq.	210	1.5	260
Whole Grain-Rich Grains		Cinnamon Toast Crunch	General Mills	Vendor	10	1	oz eq.	110	0.5	160



	(28gr)									
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits	Fruit Wedges (.5 cup)	DOD Produce	Vendor	100	0.5	cup	90	0	0	
Fruits	pineapple tidbits (.5 cup)	612464	Vendor	100	0.5	cup	40	0	1.2	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	Syrup Cup (1 ea)	160090	Vendor	50	0	oz eq.	15	0	40	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice	Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice	Vegetable Juice Maximum Offered				0	cup				
Fruit Incl. Juice	Fruit Including Juice Minimum Offered				1	cup				
Fruit Juice	Fruit Juice Maximum Offered				0.5	cup				
Fruit Incl. Juice	Fruit Including Juice Maximum Offered				1	cup				

Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup
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## Summary for Thursday, Weeks 1 & 3

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	8.25 oz	1 cup	Data Missing	Data Missing	430 kcal	6.11%	508 mg
Regulation Met?	Yes	Yes	Yes					

### Detail for Thursday

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Breakfast Burrito	Ham, Egg & Cheese (1ea)	Homemade	Local	50			247	6.11	552
Meat/Meat Alternate - Grain	~ Breakfast Burrito	Ham (1.22oz)	110600	Local	50	1	oz eq.			
Meat/Meat Alternate - Extra	~ Breakfast Burrito	Egg (1/4 cup cooked)	100046	Local	50	1	oz eq.			
Meat/Meat Alternate - Extra	~ Breakfast Burrito	Cheese (1/2 oz)	448010	Local	50	0.5	oz eq.			
Whole Grain-Rich Grains	~ Breakfast Burrito	Tortilla (1ea)	882690	Local	50	1	oz eq.			
Recipe - Entree	Bacon Egg Cheese Bagel	Bacon Egg Cheese Bagel (1 ea)	Homemade	Local	50			298	4.13	487
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Bacon (2 slices)	Low Sodium	Local	50	0	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Cheese (1/2 slice)		Local	50	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Egg (1 patty)		Local	50	0.75	oz eq.			
Whole Grain-Rich Grains	~ Bacon Egg Cheese Bagel	Bagel (1 ea)	217911	Local	50	2	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	25			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	25	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola	649742	Vendor	25	1	oz eq.			

		(1oz)									
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	25	0.25	cup				
Fruits	~ Parfait	fresh berries (2 oz)	DOD Produce	Local	25	0.25	cup				
Whole Grain-Rich Grains		Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170	
Whole Grain-Rich Grains		Cinnamon Toast Crunch (28gr)	General Mills	Vendor	10	1	oz eq.	110	0.5	160	
Whole Grain-Rich Grains		Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains		Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains		Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains		Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits		peach cup (4 oz.)	Commodity	Vendor	50	0.5	cup	80	0	15	
Fruits		banana (1 cup)	DOD Produce	Vendor	100	0.5	cup	110	0	0	
Fruit Juice		apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice		grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice		orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments		jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored		Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored		Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored		1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains		M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice		Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice		Vegetable Juice Maximum				0	cup				

Offered			
Fruit Incl. Juice	Fruit Including Juice Minimum Offered	1	cup
Fruit Juice	Fruit Juice Maximum Offered	0.5	cup
Fruit Incl. Juice	Fruit Including Juice Maximum Offered	1	cup
Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup

## Summary for Friday, Weeks 1 & 3

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	15.25 oz	1 cup	Data Missing	Data Missing	466 kcal	5.69%	506 mg
Regulation Met?	Yes	Yes	Yes					

### Detail for Friday

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Sausage Egg Cheese Biscuit	Sausage Egg Cheese Biscuit (1 ea)	Homemade	Local	50			340	7.13	572
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Cheese (1/2 slice)	150600	Local	50	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Sausage (1 ea)	184970	Vendor	50	1	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Egg (1 ea)	462519	Local	50	0.75	oz eq.			
Whole Grain-Rich Grains	~ Sausage Egg Cheese Biscuit	Biscuit (1ea)	269210	Vendor	50	2	oz eq.			
Recipe - Entree	Bacon Breakfast Pizza	Pizza (1ea)	503660	Vendor	30			210	3.5	320
Meat/Meat Alternate - Grain	~ Bacon Breakfast Pizza	Pizza (1ea)	503660	Local	30	1	oz eq.			
Whole Grain-Rich Grains	~ Bacon Breakfast Pizza	Pizza (1 ea)	503660	Vendor	30	1.5	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	25			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	25	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	25	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	25	0.25	cup			
Fruits	~ Parfait	fresh berries	DOD Produce	Local	25	0.25	cup			

(2 oz)										
Whole Grain-Rich Grains	Strawberry Pop Tarts (1 pkg)	123031	Vendor	10	2.5	oz eq.	360	1.5	360	
Whole Grain-Rich Grains	Cinnamon Pop Tart (1 pkg)	123081	Local	10	2.5	oz eq.	370	2	380	
Whole Grain-Rich Grains	Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170	
Whole Grain-Rich Grains	Fudge Pop Tarts (1 pkg)	452082	Local	10	2	oz eq.	370	2	390	
Whole Grain-Rich Grains	Cinnamon Toast Crunch (28gr)	General Mills	Vendor	10	1	oz eq.	110	0.5	160	
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits	Fruit Salad (4 oz)	DOD Produce	Vendor	100	0.5	cup	60	0	14	
Fruits	Grapes (1/2 cup 14 grapes)	DOD Produce	Local	100	0.5	cup	90	0	15	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains					0	oz eq.			
Vegetable Incl. Juice	Vegetable Including Juice					0	cup			

Minimum Offered			
Vegetable Juice	Vegetable Juice Maximum Offered	0	cup
Fruit Incl. Juice	Fruit Including Juice Minimum Offered	1	cup
Fruit Juice	Fruit Juice Maximum Offered	0.5	cup
Fruit Incl. Juice	Fruit Including Juice Maximum Offered	1	cup
Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup



District	Menu Name	Week of	Meal Session	Grade Range	Menu Status
Woodford	Weeks 2 & 4	Weeks 2 & 4	Breakfast	Grades 6 - 8	Not Submitted

### Weekly Component Statistics

	Fruit/Veg.	Grains	M/MA-Grain	Total Grains	M/MA-Extra	Milk
Regulation	5 cups			8 oz servings - 10 oz servings		5 cups
Menu Actuals	5 cups	51.25 oz servings		51.25 oz servings - <b>51.75 oz servings</b>	2 oz servings	5 cups
Regulation Min Met	Yes			Yes		Yes
Regulation Max Met	---	---	---	<b>No</b>	---	---

### Weekly Nutrient Statistics

	Avg. Calories	Avg. % Sat. Fat	Sodium Avg.
Regulation	400 - 550 kcal	< 10%	≤ 600 mg
Menu Actuals	495 kcal	4.9%	493 mg
Regulation Met	Yes	Yes	Yes

\* As per the USDA policy memo regarding the flexibility with the meat/meat alternates and grains requirement, there will be no penalty for exceeding the maximum.

### Weekly Whole Grains, Milk Served

Regulation	Menu Actuals	Regulation Met?
100% of Grains Servings must be Whole Grain- Rich	100%	Yes
A variety of milk types are served	Served	Yes
Cannot serve Low-fat (1%), flavored	Not Served	Yes
Cannot serve Reduced fat (2% fat) or whole, unflavored and flavored	Not Served	Yes

**NOTE:** The information, layouts, methods and other subject matter ('Proprietary Material') in this report are confidential and proprietary to inTEAM Associates, LLC and may not be disclosed, delivered or distributed to any person other than Woodford or to a federal, state or local authority in connection with reviews required by applicable law ('Government Review'). In consideration of its disclosure or delivery to any person, such person agrees not to reproduce, revise, redistribute, reverse engineer or otherwise exploit any such Proprietary Material, except for and to the limited extent required to conduct such Government Review.

## Summary for Monday, Weeks 2 & 4, Day 1

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	8.25 oz	1 cup	Data Missing	Data Missing	492 kcal	3.84%	427 mg
Regulation Met?	Yes	Yes	Yes					

### Detail for Monday

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Sausage Egg Cheese Biscuit	Sausage Egg Cheese Biscuit (1 ea)	Homemade	Local	20			340	7.13	572
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Cheese (1/2 slice)	150600	Local	20	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Sausage (1 ea)	184970	Vendor	20	1	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Egg (1 ea)	462519	Local	20	0.75	oz eq.			
Whole Grain-Rich Grains	~ Sausage Egg Cheese Biscuit	Biscuit (1ea)	269210	Vendor	20	2	oz eq.			
Recipe - Entree	Bacon Breakfast Pizza	Pizza (1ea)	503660	Vendor	30			210	3.5	320
Meat/Meat Alternate - Grain	~ Bacon Breakfast Pizza	Pizza (1ea)	503660	Local	30	1	oz eq.			
Whole Grain-Rich Grains	~ Bacon Breakfast Pizza	Pizza (1 ea)	503660	Vendor	30	1.5	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	125			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	125	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	125	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	125	0.25	cup			
Fruits	~ Parfait	fresh berries	DOD Produce	Local	125	0.25	cup			

(2 oz)										
Whole Grain-Rich Grains	Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170	
Whole Grain-Rich Grains	Cinnamon Toast Crunch (28gr)	General Mills	Vendor	10	1	oz eq.	110	0.5	160	
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits	applesauce (.5 cup)	Commodity	Vendor	100	0.5	cup	90	0	10	
Fruits	Orange (1 whole)	DOD Produce	Vendor	100	0.5	cup	5	0	0	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice	Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice	Vegetable Juice Maximum Offered				0	cup				
Fruit Incl. Juice	Fruit Including Juice Minimum Offered				1	cup				
Fruit Juice	Fruit Juice Maximum Offered				0.5	cup				

Fruit Incl. Juice	Fruit Including Juice Maximum Offered	1	cup
Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup

## Summary for Tuesday, Weeks 2 & 4, Day 2

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	10.25 oz	1 cup	Data Missing	Data Missing	502 kcal	6.57%	507 mg
Regulation Met?	Yes	Yes	Yes					

### Detail for Tuesday

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Bacon Egg Cheese Bagel	Bacon Egg Cheese Bagel (1 ea)	Homemade	Local	50			298	4.13	487
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Bacon (2 slices)	Low Sodium	Local	50	0	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Cheese (1/2 slice)		Local	50	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Egg (1 patty)		Local	50	0.75	oz eq.			
Whole Grain-Rich Grains	~ Bacon Egg Cheese Bagel	Bagel (1 ea)	217911	Local	50	2	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	25			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	25	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	25	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	25	0.25	cup			
Fruits	~ Parfait	fresh berries (2 oz)	DOD Produce	Local	25	0.25	cup			
Whole Grain-Rich Grains		Breakfast Bun (1ea (85g))	157232	Vendor	100	2	oz eq.	300	4.5	280
Whole Grain-Rich Grains		Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170
Whole Grain-Rich Grains		Cinnamon Toast Crunch	General Mills	Vendor	10	1	oz eq.	110	0.5	160

	(28gr)									
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits	strawberry cup (4 oz)	Commodity	Vendor	50	0.5	cup	90	0	0	
Fruits	apple (1 cup)	DOD Produce	Vendor	100	0.5	cup	72	0.04	1	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice	Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice	Vegetable Juice Maximum Offered				0	cup				
Fruit Incl. Juice	Fruit Including Juice Minimum Offered				1	cup				
Fruit Juice	Fruit Juice Maximum Offered				0.5	cup				
Fruit Incl. Juice	Fruit Including Juice Maximum Offered				1	cup				
Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered				0	cup				

### Summary for Wednesday, Weeks 2 & 4, Day 3

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	12.25 oz	1 cup	Data Missing	Data Missing	422 kcal	4.92%	447 mg
Regulation Met?	Yes	Yes	Yes					

### Detail for Wednesday

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Sausage Egg Cheese Biscuit	Sausage Egg Cheese Biscuit (1 ea)	Homemade	Local	50			340	7.13	572
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Cheese (1/2 slice)	150600	Local	50	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Sausage (1 ea)	184970	Vendor	50	1	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Egg (1 ea)	462519	Local	50	0.75	oz eq.			
Whole Grain-Rich Grains	~ Sausage Egg Cheese Biscuit	Biscuit (1ea)	269210	Vendor	50	2	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	20			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	20	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	20	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	20	0.25	cup			
Fruits	~ Parfait	fresh berries (2 oz)	DOD Produce	Local	20	0.25	cup			
Whole Grain-Rich Grains		Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170
Whole Grain-Rich Grains		Maple Pancakes (1 pkg (3.53oz))	269220	Vendor	25	2	oz eq.	230	0.5	150
Whole Grain-Rich Grains		Strawberry pancakes	269230	Vendor	25	2	oz eq.	230	1	270

	(1 pkg)									
Whole Grain-Rich Grains	Cinnamon Toast Crunch (28gr)	General Mills	Vendor	10	1	oz eq.	110	0.5	160	
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits	pineapple tidbits (.5 cup)	612464	Vendor	100	0.5	cup	40	0	1.2	
Fruits	Fruit Wedges (.5 cup)	DOD Produce	Vendor	100	0.5	cup	90	0	0	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	Syrup Cup (1 ea)	160090	Vendor	50	0	oz eq.	15	0	40	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice	Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice	Vegetable Juice Maximum Offered				0	cup				
Fruit Incl. Juice	Fruit Including Juice Minimum Offered				1	cup				
Fruit Juice	Fruit Juice Maximum Offered				0.5	cup				



Fruit Incl. Juice	Fruit Including Juice Maximum Offered	1	cup
Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup

## Summary for Thursday, Weeks 2 & 4

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	10.25 oz	1 cup	Data Missing	2 oz	451 kcal	6.53%	520 mg
Regulation Met?	Yes	Yes	Yes					

## Detail for Thursday, Day 4

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Bacon Egg Cheese Bagel	Bacon Egg Cheese Bagel (1 ea)	Homemade	Local	50			298	4.13	487
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Bacon (2 slices)	Low Sodium	Local	50	0	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Cheese (1/2 slice)		Local	50	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon Egg Cheese Bagel	Egg (1 patty)		Local	50	0.75	oz eq.			
Whole Grain-Rich Grains	~ Bacon Egg Cheese Bagel	Bagel (1 ea)	217911	Local	50	2	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	25			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	25	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	25	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	25	0.25	cup			
Fruits	~ Parfait	fresh berries (2 oz)	DOD Produce	Local	25	0.25	cup			
Meat/Meat Alternate - Extra		Scrambled Eggs (2 oz)	Commodity	Vendor	50	2	oz eq.	70	2	70
Whole Grain-Rich Grains		Toast (40 grams)	231053	Vendor	10	1.25	oz eq.	110	0	170
Whole Grain-Rich Grains		Cinnamon Toast Crunch	General Mills	Vendor	10	1	oz eq.	110	0.5	160

	(28gr)									
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Biscuit (2.51 oz)	Pillsbury	Vendor	50	2	oz eq.	210	4.5	340	
Fruits	peach cup (4 oz.)	Commodity	Vendor	50	0.5	cup	80	0	15	
Fruits	banana (1 cup)	DOD Produce	Vendor	100	0.5	cup	110	0	0	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Condiments	Gravy (2 oz)	281719	Vendor	50	0	oz eq.	50	1	190	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice	Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice	Vegetable Juice Maximum Offered				0	cup				
Fruit Incl. Juice	Fruit Including Juice Minimum Offered				1	cup				
Fruit Juice	Fruit Juice Maximum Offered				0.5	cup				

Fruit Incl. Juice	Fruit Including Juice Maximum Offered	1	cup
Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup

## Summary for Friday, Weeks 2 & 4

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1 cup	10.25 oz	1 cup	Data Missing	Data Missing	609 kcal	3.17%	567 mg
Regulation Met?	Yes	Yes	Yes					

## Detail for Friday, Day 5

Total Feeding Figure: 200

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Sausage Egg Cheese Biscuit	Sausage Egg Cheese Biscuit (1 ea)	Homemade	Local	50			340	7.13	572
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Cheese (1/2 slice)	150600	Local	50	0.25	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Sausage (1 ea)	184970	Vendor	50	1	oz eq.			
Meat/Meat Alternate - Extra	~ Sausage Egg Cheese Biscuit	Egg (1 ea)	462519	Local	50	0.75	oz eq.			
Whole Grain-Rich Grains	~ Sausage Egg Cheese Biscuit	Biscuit (1ea)	269210	Vendor	50	2	oz eq.			
Recipe - Entree	Parfait	Fruit & Yogurt Parfait (5.5oz)	Homemade	Vendor	25			320	1	145
Meat/Meat Alternate - Grain	~ Parfait	Yogurt (4oz)	541966	Local	25	1	oz eq.			
Whole Grain-Rich Grains	~ Parfait	Granola (1oz)	649742	Vendor	25	1	oz eq.			
Fruits	~ Parfait	strawberry cup (2 oz)	655010 USDA	Vendor	25	0.25	cup			
Fruits	~ Parfait	fresh berries (2 oz)	DOD Produce	Local	25	0.25	cup			
Whole Grain-Rich Grains		Cinnamon Rolls (2 ea)	Rich's	Vendor	200	2	oz eq.	180	0	140
Condiments		Homemade icing (1 oz)	Homemade	Vendor	200	0	oz eq.	50	0	25
Whole Grain-Rich Grains		Toast	231053	Vendor	10	1.25	oz eq.	110	0	170

	(40 grams)									
Whole Grain-Rich Grains	Cinnamon Toast Crunch (28gr)	General Mills	Vendor	10	1	oz eq.	110	0.5	160	
Whole Grain-Rich Grains	Cocoa Puffs (30gr)	General Mills	Vendor	10	1	oz eq.	110	0	160	
Whole Grain-Rich Grains	Froot Loops (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0.5	170	
Whole Grain-Rich Grains	Lucky Charms (1 cup)	General Mills	Vendor	10	1	oz eq.	110	0	180	
Whole Grain-Rich Grains	Trix Cereal (1 cup)	General Mills	Vendor	20	1	oz eq.	110	0	160	
Fruits	Fruit Salad (4 oz)	DOD Produce	Vendor	100	0.5	cup	60	0	14	
Fruits	Grapes (1/2 cup 14 grapes)	DOD Produce	Local	100	0.5	cup	90	0	15	
Fruit Juice	apple juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	15	
Fruit Juice	grape juice (6 oz.)	suncup	Vendor	20	0.75	cup	120	0	30	
Fruit Juice	orange juice (6 oz.)	suncup	Vendor	20	0.75	cup	90	0	0	
Condiments	jelly (1 ea)	239482	Vendor	10	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored	Chocolate (8 oz)	Southern Belle	Vendor	150	1	cup	110	0	180	
Milk Skim/fat-free, unflavored	Skim milk (1 cup)	Southern Belle	Vendor	25	1	cup	110	0	110	
Milk Low-fat (1%), unflavored	1% White (8 oz.)	Southern Belle	Vendor	25	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains	M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.				
Vegetable Incl. Juice	Vegetable Including Juice Minimum Offered				0	cup				
Vegetable Juice	Vegetable Juice Maximum Offered				0	cup				
Fruit Incl. Juice	Fruit Including Juice Minimum Offered				1	cup				
Fruit Juice	Fruit Juice Maximum Offered				0.5	cup				
Fruit Incl. Juice	Fruit Including Juice Maximum Offered				1	cup				

Vegetable Incl. Juice	Vegetable Including Juice Maximum Offered	0	cup
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